



January 2022 PreK-6th Grade

Grades PreK-6th

BREAKFAST No Charge
 LUNCH No Charge
 MILK .50
 ICE CREAM .75

MON TUE WED THU FRI

3 Popcorn Chicken Baked French Fries White Bean Salad Ketchup Packet Barbeque Sauce	4 Calzones w/ Dipping Sauce Lettuce & Tomato Salad Low-Fat Italian Low-Fat Ranch	5 French Toast Sticks Baked Hash Brown Patty Baked Sausage Patty Ketchup Packet Syrup Packet	6 Chicken Patty Potato Tots Ketchup Packet Barbeque Sauce	7 Individual WG Pizza Lettuce & Tomato Salad Fresh Broccoli Low-Fat Italian Low-Fat Ranch
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SERVED DAILY

PB & J Uncrustables
Asst. Anytimers
Turkey & Cheese Deli

Assorted Fruit
Skim / 1% White or
Non-Fat Chocolate Milk
Asst. Anytimers

Menu subject to change
 Without notice

10 Chicken Nuggets Baked French Fries Ketchup Packet Barbeque Sauce	11 Nacho Taco Salad Tortilla Chips Shredded Lettuce Black Bean Salad Fresh Broccoli Salsa	12 Breaded Pork Patty Mashed Potatoes Brown Gravy Low-Fat Ranch	13 4 Cheese WG Pizza Lettuce & Tomato Salad Low-Fat Italian Low-Fat Ranch	14 SUPERINTENDENT DAY
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17 MARTIN LUTHER KING DAY	18 Chicken Tenders Baked French Fries White Bean Salad Ketchup Packet Barbeque Sauce	19 Mikes Pizza Bites w/ Dipping Sauce Lettuce & Tomato Salad Low-Fat Italian Low-Fat Ranch	20 Mini Corn Dogs Baked French Fries Simmered Green Beans Ketchup Packet	21 Individual WG Pizza Lettuce & Tomato Salad Fresh Broccoli Low-Fat Italian Low-Fat Ranch
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24 Popcorn Chicken Baked French Fries White Bean Salad Ketchup Packet Barbeque Sauce	25 CheeseMelt Baked Tots	26 Hot Dogs Baked Pretzels Steamed Carrots Ketchup Packet	27 Hamburger Baked French Fries Shredded Lettuce Sliced Tomatoes Pickles Ketchup Packet	28 4 Cheese WG Pizza Lettuce & Tomato Salad Low-Fat Italian Low-Fat Ranch
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USDA is an equal opportunity provider and employer.

JAMES P. NEVERS
 FOOD SERVICE DIRECTOR
 779-2300 Option 7 Option 1
 jnevers@gblions.org

31 Chicken Nuggets Baked French Fries White Bean Salad Ketchup Packet Barbeque Sauce	1 FEB Calzones w/ Dipping Sauce Lettuce & Tomato Salad Low-Fat Italian Low-Fat Ranch	2 FEB French Toast Sticks Baked Hash Brown Patty Baked Sausage Patty Ketchup Packet Syrup Packet	3 FEB Chicken Patty Potato Tots Ketchup Packet Barbeque Sauce	4 FEB Individual WG Pizza Lettuce & Tomato Salad Fresh Broccoli Low-Fat Italian Low-Fat Ranch
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