



January 2019 PreK-6th Grade

MON

TUE

WED

THU

FRI

Grades PreK-6th

BREAKFAST	1.40
LUNCH	2.60
MILK	.50
ICE CREAM	.75

HAPPY NEW YEAR

SERVED DAILY

PB & J Uncrustables
Asst. Anytimers
Turkey & Cheese Deli

Assorted Fruit
Skim / 1% White or
Non-Fat Chocolate Milk
Asst. Anytimers

7
Chicken Nuggets

Baked French Fries
White Bean Salad
Ketchup Packet
Barbeque Sauce

8
Calzones w/ Dipping Sauce

Lettuce & Tomato Salad
Low-Fat Italian
Low-Fat Ranch

9
French Toast Sticks

Baked Hash Brown Patty
Baked Sausage Patty
Ketchup Packet
Syrup Packet

10
Chicken Patty

Potato Tots
Ketchup Packet
Barbeque Sauce

11
Individual WG Pizza

Lettuce & Tomato Salad
Fresh Broccoli
Low-Fat Italian
Low-Fat Ranch

14
Popcorn Chicken

Baked French Fries
Ketchup Packet
Barbeque Sauce

15
Nacho Taco Salad

Tortilla Chips
Shredded Lettuce
Black Bean Salad
Fresh Broccoli
Salsa

16
Pizza Bagel

Lettuce & Tomato Salad
Low-Fat Ranch
Low-Fat Italian

17
Fishwich

Baked Potato Tots
Simmered Green Beans
Ketchup Packet

18
4 Cheese WG Pizza

Lettuce & Tomato Salad
Low-Fat Italian
Low-Fat Ranch

21
MARTIN

LUTHER

KING

DAY

22
Chicken Tenders

Baked French Fries
White Bean Salad
Ketchup Packet
Barbeque Sauce

23
Bosco Pizza Sticks w/ Dipping Sauce

Lettuce & Tomato Salad
Low-Fat Italian
Low-Fat Ranch

24
Mini Corn Dogs

Baked French Fries
Simmered Green Beans
Ketchup Packet

25
Individual WG Pizza

Lettuce & Tomato Salad
Fresh Broccoli
Low-Fat Italian
Low-Fat Ranch

28
Chicken Nuggets

Baked French Fries
White Bean Salad
Ketchup Packet
Barbeque Sauce

29
CheeseMelt

Tomato Soup
Baked Tots

30
Hot Dogs

Baked Pretzels
Steamed Carrots
Ketchup Packet

31
Hamburger

Baked French Fries
Shredded Lettuce
Sliced Tomatoes
Pickles
Ketchup Packet

1 FEB
4 Cheese WG Pizza

Lettuce & Tomato Salad
Low-Fat Italian
Low-Fat Ranch

USDA is an equal opportunity provider and employer.

JAMES P. NEVERS
FOOD SERVICE DIRECTOR
779-2300 Option 7 Option 1
jnevers@gbliions.org



February 2019 PreK-6th Grade

MON TUE WED THU FRI

Grades PreK-6th

BREAKFAST 1.40
LUNCH 2.60
MILK .50
ICE CREAM .75

1
4 Cheese WG Pizza
Lettuce & Tomato Salad
Fresh Broccoli
Low-Fat Ranch
Low-Fat Italian

SERVED DAILY

PB & J Uncrustables
Asst. Anytimers
Turkey & Cheese Deli

Assorted Fruit
Skim / 1% White or
Non-Fat Chocolate Milk
Asst. Anytimers

4 Popcorn Chicken Baked French Fries Ketchup Packet Barbeque Sauce	5 Pizza Bagel Lettuce & Tomato Salad Low-Fat Ranch Low-Fat Italian	6 French Toast Sticks Baked Hash Brown Patty Baked Sausage Patty Ketchup Packet Syrup Packet	7 Mini Corn Dogs Baked French Fries Carrot Sticks Ketchup Packet	8 Individual WG Pizza Lettuce & Tomato Salad Low-Fat Italian Low-Fat Ranch
---	---	--	---	---

11 Chicken Tenders Baked Potato Tots White Bean Salad Ketchup Packet	12 Nacho Taco Salad Tortilla Chips Shredded Lettuce Black Bean Salad Fresh Broccoli Salsa	13 Hamburger Baked French Fries Shredded Lettuce Sliced Tomatoes Pickles Ketchup Packet	14 Chicken Patty Potato Tots Ketchup Packet Barbeque Sauce	15 4 Cheese WG Pizza Lettuce & Tomato Salad Fresh Broccoli Low-Fat Italian Low-Fat Ranch
---	--	--	---	--

WINTER BREAK

USDA is an equal opportunity provider and employer.

JAMES P. NEVERS
FOOD SERVICE DIRECTOR
779-2300 Option 7 Option 1
jnevers@gbliions.org

25 Chicken Nuggets Baked French Fries White Bean Salad Ketchup Packet Barbeque Sauce	26 Cheese Melt Tomato Soup Baked Potato Tots Crackers	27 Bosco Pizza Sticks w/ Dipping Sauce Lettuce & Tomato Salad Low-Fat Italian Low-Fat Ranch	28 Rib*B*Que Baked Potato Tots Carrot Sticks Ketchup Packets	1 MARCH Individual WG Pizza Lettuce & Tomato Salad Fresh Broccoli Low-Fat Italian Low-Fat Ranch
--	--	--	---	---