



October 2021 PreK-6th Grade

MON TUE WED THU FRI

Grades PreK-6th

BREAKFAST No Charge  
 LUNCH No Charge  
 MILK .50  
 ICE CREAM .75

SERVED DAILY

PB & J Uncrustables  
 Asst. Anytimers  
 Turkey & Cheese Deli

Assorted Fruit  
 Skim / 1% White or  
 Non-Fat Chocolate Milk  
 Asst. Anytimers

**1**  
**Whole Grain Pizza**  
 Lettuce & Tomato Salad  
 Fresh Broccoli  
 Low-Fat Italian  
 Low-Fat Ranch

**4**  
**Popcorn Chicken**  
 Baked French Fries  
 White Bean Salad  
 Ketchup Packet

**5**  
**Meatball Subs**  
 Baked Potato Tots  
 Ketchup Packet

**6**  
**French Toast Sticks**  
 Baked Hash Brown Patty  
 Baked Sausage Patty  
 Ketchup Packet  
 Syrup Packet

**7**  
**Chicken Patty**  
 Baked Waffle Fries  
 Simmered Carrots  
 Ketchup Packet

**8**  
**Individual Pizza**  
 Lettuce & Tomato Salad  
 Fresh Broccoli  
 Low-Fat Italian  
 Low-Fat Ranch

**11**  
**Columbus Day**

**12**  
**Chicken Tenders**  
 Baked Potato Tots  
 Ketchup Packet

**13**  
**Nacho Taco Salad**  
 Tortilla Chips  
 Shredded Lettuce  
 Black Bean Salad  
 Fresh Broccoli  
 Salsa

**14**  
**Mini Corn Dogs**  
 Baked French Fries  
 Steamed Carrots  
 Ketchup Packet

**15**  
**Whole Grain Pizza**  
 Lettuce & Tomato Salad  
 Low-Fat Italian  
 Low-Fat Ranch

**18**  
**Chicken Nuggets**  
 Baked French Fries  
 White Bean Salad  
 Ketchup Packet  
 Barbeque Sauce

**19**  
**Breaded Pork Patty**  
 Mashed Potatoes  
 Brown Gravy

**20**  
**Bosco Cheesy Breadsticks**  
 Lettuce & Tomato Salad  
 Dipping Sauce  
 Low-Fat Ranch  
 Low-Fat Italian

**21**  
**Hot Dogs**  
 Baked Potato Tots  
 Ketchup Packets

**22**  
**Individual Pizza**  
 Lettuce & Tomato Salad  
 Fresh Broccoli  
 Low-Fat Italian  
 Low-Fat Ranch

**25**  
**Popcorn Chicken**  
 Baked French Fries  
 White Bean Salad  
 Ketchup Packet  
 Barbeque Sauce

**26**  
**Cheese Melt**  
 Tomato Soup  
 Baked Potato Tots  
 Crackers

**27**  
**Mike's Pizza Bites**  
 Lettuce & Tomato Salad  
 Dipping Sauce  
 Low-Fat Ranch  
 Low-Fat Italian

**28**  
**Hamburger**  
 Baked French Fries  
 Shredded Lettuce  
 Sliced Tomatoes  
 Pickles  
 Ketchup Packet

**29**  
**Whole Grain Pizza**  
 Lettuce & Tomato Salad  
 Fresh Broccoli  
 Low-Fat Italian  
 Low-Fat Ranch

USDA is an equal opportunity provider and employer.

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