Course Title:	Prepared By:	
Home and Careers Grade 8	Hannah Cottrell	
Time Frame:	Unit/Theme	
Weeks 1-7	Career Development	
Essential Questions:		
1. How can I develop skills to help me find meaningful work and determine the role work will play in my life?		
2. What do I want to be do when I grow up and how can I get from here to there?		
3. Is Entrepreneurship an option for me?		
NYS Standards:	Vocabulary:	
	Work	
NYS Standard 2: A Safe & Healthy Environment	Degree (Associates, Bachelors, Masters, MD)	
 Students can demonstrate the skills necessary 	Apprenticeship	
to maintain their workplaces in a safe &	Paraprofessional	
comfortable condition. They can provide a safe	Entry level	
& nurturing environment for themselves &	Professional	
others	Entrepreneur	
	Want Ad Abbr.	
NYS Standard 3: Resource Management –	Applicant	
Students will understand & be able to manage	Confidential	
personal resources.	Permit/license	
	Volunteer	
RST 2	Occupation	
RST 4	EOE	
WHST 4	Values	
WHST 5	Traits	
WHST 7	Classified Advertisement	
	Leadership	
	Communication	
	Interview	
	Job shadow	
Student Objectives (The student will):		
- identify common abbreviation used in help wanted ads		
- demonstrate how to fill in a job application		

- write a resume
- select appropriate interview attire
- demonstrate do's and don'ts of interviewing in a Mock Interview
- identify their own abilities and interests as a possible guide
- create a business plan
- participate in a job shadow

Assessments:	
Bell Ringers, class discussion, research, homework, Test, quiz, and projects. <mark>(career job</mark> shadow/investigation project)	
Recommended Texts:	Resources:
Today's Teen	Teacher Made Materials (TMM)
	Textbook – Today's Teen
	Online websites
	New York Career Zone Interest Profiler
	GPS for Success

Course Title:	Prepared By:		
Home and Careers 8	Hannah Cottrell		
Time Frame:	Unit/Theme		
Weeks 7-15	Food and Nutrition		
Essential Questions:			
1. How can we apply the elements of good nu	1. How can we apply the elements of good nutrition in our lives?		
How can I develop skills that demonstrate wellness practices that enhance individual and family well-being?			
3. How can I use my resources to help me develop the best level of nutrition?			
4. How can I effectively prepare nutritious food items for myself?			
NYS Standards:	Vocabulary:		
NYS Standard 1: Personal Health and fitness NYS Standard 2: A Safe and Healthy Environment NYS Standard 3: Resource Management RST 1, RST 3, RST 4, RST 7, and RST 9 WHST 1-E, WHST 2-D, WHST 4, WHST 5, and WHST 7.	Nutrition Nutrient Density Calories Fiber Cholesterol Essential Amino Acids Carbohydrates: Simple and Complex Fats: Saturated and Unsaturated Proteins: Complete and Incomplete Vitamins: Water-soluble and Fat-soluble Diet		

Student Objectives (The student will...):

- identify the 6 essential nutrients and sources and functions of each
- use my plate to make healthy choices
- evaluate eating patterns, between fast food and home prepared
- understand the relationship between among diet, health and physical activity
- work in cooperative groups to plan and implement successful kitchen lab work
- apply principles of food safety and sanitation
- know and use the appropriate kitchen tools

Assessments:	
- Homework, quizzes, bell ringers, discussions, test,	
food labs, and project. <mark>(fast food and beverage</mark> <mark>project)</mark>	
project)	
Recommended Texts:	Resources:
Today's Teen	- Textbook
	- Online websites
	- Teacher made materials
	- lab planning sheets
	- Recipes

Prepared By:
Hannah Cottrell
Unit/Theme
Financial and Consumer Resource Management

Essential Questions:

- 1. How can I develop skills that demonstrate effective money management?
- 2. How can I open/begin a checking/savings account?
- 3. How can I develop skills that demonstrate responsible consumer practices?
- 4. What resources are available for me to become a smarter shopper to have better control over my money?

NYS Standards:	Vocabulary:
NYS Standard 2: A Safe and Healthy Environment	Income

NYS Standard 3: Resource Management	Expense: fixed and flexible
	Consumer
RST 4 and RST 5	Wants
	Needs
WHST 2-D, WHST 4, and WHST 5	Budget
	Comparison Shopper
	Financial Goal
	Check, Deposit
	Balance
	Withdrawal
	Transaction
	Unit & Retail Price
	Credit Score
	Direct Deposit
	Identity Theft
	Direct Payment
 distinguish needs from wants distinguish fixed and flexible expenses identify different methods for saving money explain the difference between credit and debit ca will complete the BANZAI program demonstrate how to balance a checkbook and writ 	
Assessments:	
Bell Ringers, discussion, homework, test, project, BANZAI program quiz, and food labs.	
Recommended Texts:	Resources:
Today's Teen	Resources: - Textbook - BANZAI online banking program - Online websites

The last week of class will be final exam review and the final exam.